



# Where Inspiration Begins



# Breakfast Meals

## EGGS ON TOAST V S

Two creamy scrambled eggs on a slice of toasted ciabatta

42

## BACON BREAKFAST BAGEL

Bacon or pastrami, cheddar cheese, caramelized onion & fried egg on a bagel (Swop meat for avo)

75

## ROCKET BREAKFAST BAGEL

Fried egg, bacon, cream cheese & rocket with a slice of tomato on a bagel

75

## BOERIE BREAKFAST STACK N

Boerewors patty, fried egg, hashbrown, cheddar cheese, caramelized onion & tomato relish on a bagel

82

## HOLLANDAISE BAGEL

Hashbrown, fried egg, ham & hollandaise sauce on a bagel

80

## SALMON HOLLANDAISE BAGEL

Fried egg, salmon, cream cheese & hollandaise sauce on a bagel

90

### EXTRAS:

Tomato Slice	5	Salmon	25	Avo	18	Creamy Mushroom	18	Caramelized onions	8
Tomato Relish	15	Bacon	20	Egg	10	Cheddar cheese	15	Cheese Griller	25
Hashbrown	15	Ham	18	Side of fries	20	Beef Patty	35	Boerewors	25

## SIMPLE BREAKFAST S

Open bagel with two slices of bacon, two fried eggs & fries

70

## HASHBROWN BREAKFAST S

Open bagel with a hashbrown, two fried eggs & a cheese griller

75

## THE BIG BREAKFAST S

Open bagel with two slices of bacon, two fried eggs, a cheese griller & a hashbrown

90

## BREAKFAST WRAP

Fried egg, cheddar cheese, bacon, avo & sweet chilli sauce

68

## AVO BREAKFAST V S

Open bagel with a hashbrown, two fried eggs & avo

74

## THE BOERIE BREAKFAST S N

Open bagel with two slices of bacon, two fried eggs, boerewors, relish, a hashbrown & creamy mushrooms

95



# Simple Bagels

CREAM CHEESE BAGEL <b>V</b>	42	HAM & CHEESE BAGEL	46
AVO & CREAM CHEESE BAGEL <b>V</b>	46	HAM, CHEESE & TOMATO BAGEL	50
CREAM CHEESE & CUCUMBER BAGEL <b>V</b>	46	BACON & EGG BAGEL	60
AVO & CREAMY MUSHROOM BAGEL <b>V</b>	46	BACON & CHEESE BAGEL	60
CREAM CHEESE & CREAMY MUSHROOM <b>V</b>	55	<b>ALL SIMPLE BAGEL</b>	64
CHEESE & TOMATO BAGEL <b>V</b>	42	Ham, cheddar cheese, lettuce, pickles, tomato, mayo, cucumber & red onion	

# Vegan Bagels

AVO ONLY BAGEL <b>V</b>	35	HUMMUS & ROAST VEG BAGEL <b>V</b>	55
AVO & HUMMUS BAGEL <b>V</b>	40	<b>ALL VEGAN BAGEL <b>V</b></b>	58
AVO & TOMATO BAGEL <b>V</b>	38	Avo, tomato, cucumber, lettuce, pickles & red onion on a bagel	

## EXTRAS:

Cucumber	5	Jalapeno	12	Slide of Fries	20
Tomato	5	Caramelized Onion	8	Avo	18
Red Onion	5	Pickles	12	Roast Veg	22
Hashbrown	15	Tomato relish	15		



Avo & cream cheese bagel

All simple bagel

Hummus & roast veg bagel

Avo & tomato bagel

Ham, cheese & tomato bagel

All vegan bagel

# Gourmet Bagels

## CHICKEN BAGELS

- Chicken honey mustard mayo & avo bagel **70**
- Chicken honey mustard mayo, bacon & cheese bagel **80**
- Chicken schnitzel, coleslaw & pickles bagel **78**
- Chicken schnitzel cheddarmelt & mushroom bagel **82**
- Chicken schnitzel, peri peri, red onion, lettuce & tomato bagel **82**

## BACON BAGELS

- Melted brie, bacon & apricot jam bagel **72**
- Bacon, apple, caramelized onion, & melted emmenthal cheese bagel **74**
- Bacon, cheddar cheese & avo bagel **70**
- Bacon, cream cheese & avo bagel **75**

### EXTRAS:

Cucumber	5	Cheddar Cheese	15	Steak	35	Avo	18
Tomato	5	Jalapeno	12	Pastrami	20	Creamy Mushroom	18
Red Onion	5	Caramelized Onion	8	Biltong	28	Bacon	20
Hashbrown	15	Pickles	12	Chicken Schnitzel	35	Ham	18
Chicken Mayo	22	Roast Veg	22	Side of Fries	20	Salmon	25

## STEAK BAGELS

- Steak, creamy mushroom & caramelized onion bagel **95**
- Steak, cheddar cheese, pickles & caramelized onion bagel **95**
- Peri peri steak, red onion, lettuce & tomato bagel **95**

## PASTRAMI BAGEL

- Pastrami, emmenthal, caramelized onion, red onion & pickles bagel  
Single filling **75** | Double filling **105**

## MEXICAN BAGEL

- Pastrami, jalapeno, cream cheese & tomato bagel **75**

## SALMON BAGELS

- Salmon, cream cheese, capers, cucumber, dill & red onion bagel  
Single filling **90** | Double filling **105**
- Salmon, avo & cream cheese bagel  
Single filling **90** | Double filling **105**

Chicken honey mustard mayo, bacon & cheese bagel

Bacon, cream cheese & avo bagel

Salmon, cream cheese, capers, cucumber, dill & red onion bagel

Mexican bagel

Peri Peri Steak, red onion, lettuce & tomato bagel

Chicken schnitzel coleslaw & pickles bagel

# Proudly South African

## BILTONG BAGELS

- Biltong, cream cheese & red onion bagel **82**
- Biltong, avo, cream cheese & red onion bagel **88**

## BOERIE BURGER BAGEL N **75**

Boerewors patty, lettuce, caramelized onion, tomato relish, pickles & red onion bagel

### EXTRAS:

Cheddar Cheese	15	Avo	18	Tomato	5	Biltong	28
Jalapeno	12	Creamy Mushroom	18	Red Onion	5	Chicken Schnitzel	35
Caramelized Onion	8	Bacon	20	Hashbrown	15	Boerewors Patty	35
Pickles	12	Ham	18	Chicken Mayo	22	Tomato Relish	15
Cucumber	5	Steak	35	Pastrami	20	Side of fries	20

# Salads & Wraps

## STICKY CHICKEN SALAD **80**

Sticky chicken, pineapple, cashew nuts, lettuce, cherry tomatoes & cucumber

## STEAK SALAD **98**

Steak, lettuce, cherry tomatoes, cucumber & avo with balsamic reduction

## SALMON SALAD **110**

Salmon, cream cheese, capers, cucumber, dill, lettuce, cherry tomatoes & red onion

## CHICKEN MAYO WRAP **68**

Chicken honey mustard mayo, cheddar cheese, lettuce, tomato & red onion

## SPICY CHICKEN WRAP **68**

Chicken strips, jalapenos, cream cheese, red onion & sweet chilli sauce

## VEGETARIAN WRAP V **68**

Creamy mushrooms, hummus, tomato & rocket

Biltong, cream cheese & red onion bagel

Boerie burger bagel

Sticky chicken salad

Salmon salad

Spicy chicken wrap

# Cold Drinks

## SMOOTHIES V 62

Mixed Berry Blast | Mango Coconut Dream | Sweet Berry | Peanut Butter Punch

## MILKSHAKES 44

Chocolate | Strawberry | Vanilla | Lime | Banana | Salted Caramel | Bubblegum

## GREAT SHAKES 55

Bar-One | Fruit Shake | Milky Bar | Peppermint Crisp | Peanut Butter

## FRESHLY SQUEEZED JUICES

Apple, cucumber & mint 45  
 Pineapple, apple & mint 45  
 Pear & ginger 45  
 Beetroot, apple, carrot, ginger & lemon 45

## SOFT DRINKS 25

## GRAPETIZER & APPLTIZER 32

## WATER (Still OR Sparkling) 16

## FRUIT JUICES 18

## ICED TEA 28

## ICED LATTE 39

## ICED COFFEE SLUSH 44

## AMERICANO Short 30 | Tall 35 | Grande 38

## CAPPUCCINO Short 35 | Tall 38 | Grande 42

## FLAT WHITE Tall 36

## LATTE Tall 38 | Grande 44

## HOT CHOCOLATE Tall 45 | Grande 48

## WHITE HOT CHOCOLATE Tall 45 | Grande 48

## RED CAPPUCCINO Tall 40 | Grande 45

## SPICED CHAI LATTE Tall 42 | Grande 48

## DIRTY CHAI LATTE Tall 45 | Grande 52

## CAFE MOCHA Tall 45 | Grande 52

## ESPRESSO Single 26 | Double 30

## CORTADO 35

## MACCHIATO 32

## ASSORTED TEAS Tall 28

## HAZELNUT LATTE Tall 45

## VANILLA LATTE Tall 45

## BUTTERSCOTCH LATTE Tall 45

Alternative Milk Options R10

Flavoured Syrups R7

Hazelnut | Vanilla | Caramel | Butterscotch



Mango coconut dream smoothie

Bar-one great shake



Spiced chai latte

Cappuccino

Hazelnut Latte

# Sweet Treats

<b>FROSTED CREAM CHEESE BAGEL</b>	<b>48</b>	<b>CHOCOLATE BROWNIE</b>	<b>50</b>
		Topped with ice cream	
<b>BAR-ONE BAGEL</b>	<b>35</b>	<b>PANCAKES</b>	
<b>CHOC-CHIP BAGEL</b>	<b>18</b>	Cinnamon, sugar & ice cream	<b>35</b>
<b>CARROT CAKE</b>	<b>45</b>	Bar-one sauce, sprinkles & ice cream	<b>45</b>
<b>BAKED CHEESECAKE</b>		Milky bar sauce, sprinkles & ice cream	<b>45</b>
Plain Cheesecake	<b>45</b>		
Peppermint crisp   Bar-One   Milky bar	<b>52</b>		



Try our  
**Original House Blend!**



FIND OUT MORE ABOUT US:  
[www.jacksbagels.co.za](http://www.jacksbagels.co.za)  
[@jacksbagelsza](https://www.instagram.com/jacksbagelsza)



Choc-chip bagel

Milky bar baked cheesecake

Pancakes with bar-one sauce

Chocolate brownie with ice cream

Our products may contain or have come into contact with ingredients containing eggs, wheat (gluten), cow's milk, peanuts, tree nuts, soy, fish and other allergens.

Our bagels are manufactured in a factory that may contain nuts.

**Please let your waitron know of any specific allergies or dietary restrictions.**

Did you know...

We sell

# Mini Bagel platters!



***Hosting an event or party?***

Contact your local Jacks Bagels store for more info or to place your order.

T's & C's Apply\*





**JACKS**  
*bagels*



WHERE  
*Inspiration*  
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Gauteng