



Where **Inspiration** Begins



NEW! BREAKFAST

NEW!
Swap out your plain bagel for an everything bagel for only R5

R89 | **BOERIE BREAKFAST STACK**
Boerewors patty, a fried egg, hashbrown, cheddar cheese, caramelized onion & tomato relish on a bagel
Add a **Short Cappuccino** for only R35

NEW!

R65 | **LOW CARB BREAKFAST** **V S**
Two fried eggs, avo, tomato relish & creamy mushrooms
Add a **Boerewors Patty** for only R35



R75 | **BREAKFAST WRAP**
A fried egg, cheddar cheese, macon, avo & sweet chilli sauce in a tortilla wrap
Add a **side of fries** to your meal for only R22

R95 | **THE BIG BREAKFAST** **S**
Open bagel with two slices of macon, two fried eggs, a cheese griller & a hashbrown

- EGGS ON TOAST** **V S** 45
Two creamy scrambled eggs on a slice of toasted ciabatta
- BREAKFAST BAGEL** 75
Macon or pastrami, cheddar cheese, caramelized onion & a fried egg on a bagel (Swap the meat for avo)
- ROCKET BREAKFAST BAGEL** 75
A fried egg, macon, cream cheese & rocket with a slice of tomato on a bagel
- SIMPLE BREAKFAST** **S** 75
Open bagel with two slices of macon, two fried eggs & fries
- HASHBROWN BREAKFAST** **S** 78
Open bagel with a hashbrown, two fried eggs & a cheese griller
- THE BOERIE BREAKFAST** **S** 105
Open bagel with two slices of macon, two fried eggs, boerewors, relish, a hashbrown & creamy mushrooms
- AVO BREAKFAST** **S** 74
Open bagel with a hashbrown, two fried eggs & avo
- HOLLANDAISE BAGEL** 80
Hashbrown, a fried egg, pastrami & hollandaise sauce on a bagel
(Swap the pastrami for salmon for only R35 extra)

V VEGETARIAN **VN** VEGAN **S** SIT-DOWN ONLY **NEW** NEW ON THE MENU

EXTRAS:

Red Onion Tomato Slice.....	R5	Pastrami	R20
Caramelized Onions	R8	Side of fries	R22
Egg	R10	Macon.....	R24
Jalapenos Pickles	R12	Cheese Griller Boerewors	R25
Hashbrown Tomato Relish Cheddar Cheese	R15	Steak	R30
Avo Creamy Mushrooms	R18	Chicken Schnitzel Boerewors Patty	R35
		Salmon.....	R35

R48 | AVO & CREAMY **V**
MUSHROOM BAGEL



NEW!
R52 | AVO, HASHBROWN **V VN**
& GARLIC AIOLI BAGEL
Add a side of fries for only R22



R42 | CHEESE & TOMATO
BAGEL
*Swap your plain bagel for our
NEW everything bagel
for only R5*

V VEGETARIAN **VN** VEGAN **S** SIT-DOWN ONLY **NEW** NEW ON THE MENU

CREAM CHEESE BAGEL V	45
AVO & CREAM CHEESE BAGEL V	48
AVO & CREAMY MUSHROOM BAGEL V	48
CREAM CHEESE & CREAMY MUSHROOM BAGEL V	58
CHEESE & TOMATO BAGEL V	42
PASTRAMI & CHEESE BAGEL	48
PASTRAMI, CHEESE & TOMATO BAGEL	55
MACON & EGG BAGEL	60
MACON & CHEESE BAGEL	60
ALL SIMPLE BAGEL	68
<i>Pastrami, cheese, lettuce, pickles, tomato, mayo, cucumber & red onion on a bagel</i>	
AVO ONLY BAGEL V VN	38
AVO & HUMMUS BAGEL V VN	42
AVO & TOMATO BAGEL V VN	40
AVO, HASHBROWN & GARLIC AIOLI BAGEL V VN NEW!	52
ALL VEGAN BAGEL V VN	58
<i>Lettuce, tomato, avo, red onion, pickles & hummus on a bagel</i>	

EXTRAS:

Cucumber Red Onion Tomato Slice.....	R5	Chicken Mayo Side of Fries.....	R22
Caramelized Onions	R8	Macon.....	R24
Egg	R10	Cheese Griller Boerewors	R25
Jalapenos Pickles	R12	Biltong	R28
Hashbrown Tomato Relish Cheddar Cheese	R15	Steak	R30
Avo Creamy Mushrooms	R18	Chicken Schnitzel Boerewors Patty.....	R35
Pastrami	R20	Salmon	R35

BAGELS SIMPLE & VEGAN

BAGELS GOURMET

R82 | CHICKEN SCHNITZEL
CHEDDARMELT &
MUSHROOM BAGEL



R75 | PASTRAMI BAGEL
Pastrami, white cheddar cheese,
caramelized onion, red onion &
pickles on a bagel
(Add Extra Pastrami for only R20)



R22 | ADD EXTRA
FRIES



R90 | SALMON, CREAM CHEESE,
CAPERS, CUCUMBER, DILL
& RED ONION ON A BAGEL

CHICKEN BAGELS

- Chicken honey mustard mayo & avo on a bagel **74**
- Chicken honey mustard mayo, macon & cheese on a bagel **84**
- Chicken Schnitzel, coleslaw & pickles on a bagel **78**
- Chicken Schnitzel cheddarmelt & mushrooms on a bagel **82**

MACON BAGELS

- Melted brie, macon & apricot jam on a bagel **72**
- Macon, apple, caramelized onion & white cheddar cheese on a bagel **74**
- Macon, cheddar cheese & avo on a bagel **70**
- Macon, cream cheese & avo on a bagel **75**

STEAK BAGELS

- Steak, creamy mushroom & caramelized onion on a bagel **95**
- Steak, cheddar cheese, pickles & caramelized onion on a bagel **95**

SALMON BAGELS

- Salmon, cream cheese, capers, cucumber, dill & red onion on a bagel **90**
- Salmon, avo & cream cheese on a bagel **90**
- (ADD EXTRA SALMON TO YOUR BAGEL FOR ONLY R35)*

PASTRAMI BAGEL

- Pastrami, white cheddar cheese, caramelized onion, red onion & pickles on a bagel **75**
- (ADD EXTRA PASTRAMI FOR ONLY R20)*

MEXICAN BAGEL

- Pastrami, jalapenos, cream cheese & tomato on a bagel **75**

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Jalapenos Pickles	R12	Biltong	R28
Hashbrown Tomato Relish Cheddar Cheese	R15	Steak	R30
Avo Creamy Mushrooms	R18	Chicken Schnitzel Boerewors Patty.....	R35
Pastrami	R20	Salmon	R35

NEW!

R77 | **BILTONG, SWEET CHILLI & CREAM CHEESE ON A BAGEL**



NEW!

R55 | **SIMPLE BOERIE BAGEL**
Boerewors patty, Jacks mustard & red onion on a bagel



NEW!

R84 | **BBQ BOERIE BAGEL**
Boerewors patty, macon, cheddar cheese, red onion & BBQ sauce on a bagel

R22 | **ADD A SIDE OF FRIES!**



JACKS
bagels

BILTONG BAGELS

Biltong, cream cheese & red onion on a bagel **82**

Biltong, avo, cream cheese & red onion on a bagel **88**

Biltong, sweet chilli & cream cheese **NEW!** on a bagel **77**

SIMPLE BOERIE BAGEL **NEW!** **55**

Boerewors patty, Jacks mustard & red onion on a bagel

BOERIE CHEDDARMELT BAGEL **NEW!** **78**

Boerewors patty, cheddar melt & mushrooms on a bagel

BBQ BOERIE BAGEL **NEW!** **84**

Boerewors patty, macon, cheddar cheese, red onion & BBQ sauce on a bagel

BOERIE HASHBROWN BAGEL **NEW!** **78**

Boerewors patty, hashbrown, caramelized onion & garlic aioli on a bagel

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Jalapenos Pickles	R12	Biltong	R28
Hashbrown Tomato Relish Cheddar Cheese	R15	Steak	R30
Avo Creamy Mushrooms	R18	Chicken Schnitzel Boerewors Patty.....	R35
Pastrami	R20	Salmon	R35

NEW!

R69 | EVERYTHING BAGEL SALAD

Lettuce, cherry tomatoes, cucumber, bagel croutons, avocado, red onion, & everything bagel seasoning

NEW!

R70 | VEGETARIAN WRAP

Avocado, hashbrown, garlic aioli & creamy mushrooms in a tortilla wrap



NEW!

R75 | BBQ STEAK WRAP

Steak, BBQ sauce, cheddar cheese, lettuce, red onion in a tortilla wrap

R85 | STICKY CHICKEN SALAD

Sticky chicken, pineapple, cashew nuts, lettuce, cherry tomatoes & cucumber with balsamic reduction

V VEGETARIAN **VN** VEGAN **S** SIT-DOWN ONLY **NEW** NEW ON THE MENU

STICKY CHICKEN SALAD

Sticky chicken, pineapple, cashewnuts, lettuce, cherry tomatoes & cucumber with balsamic reduction

85

STEAK SALAD

Steak, lettuce, cherry tomatoes, cucumber & avo with balsamic reduction

105

EVERYTHING BAGEL SALAD **NEW!**

Lettuce, cherry tomatoes, cucumber, bagel croutons, avocado, red onions & everything bagel seasoning

69

CHICKEN MAYO WRAP

Chicken honey mustard mayo, cheddar cheese, lettuce, tomato & red onion in a tortilla wrap

70

SPICY CHICKEN WRAP

Chicken strips, jalapenos, cream cheese, red onion & sweet chilli sauce in a tortilla wrap

70

BBQ STEAK WRAP **NEW!**

Steak, BBQ sauce, cheddar cheese, lettuce & red onion in a tortilla wrap

75

VEGETARIAN WRAP **NEW!**

Avocado, hashbrown, garlic aioli & creamy mushrooms in a tortilla wrap

70

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Avo Creamy Mushrooms	R18	Steak	R30
Pastrami	R20	Salmon	R35

SALADS & WRAPS

PRET SWEETS

NEW!

R45 | CARAMEL & BANANA PANCAKE



NEW!

R40 | FROSTED CINNAMON BAGEL



R35 | BAR-ONE BAGEL



R48 | FROSTED CREAM CHEESE BAGEL

FROSTED CREAM CHEESE BAGEL

48

FROSTED CINNAMON BAGEL

40

BAR-ONE BAGEL

35

CHOC-CHIP BAGEL

20

PANCAKES

Cinnamon & Sugar pancake with ice cream **S**

35

Bar-One pancake with ice cream **S**

45

Milky Bar pancake with ice cream **S**

45

Caramel pancake with ice cream **S** **NEW!**

45

Banana & Caramel pancake with ice cream **S** **NEW!**

45



R45 | TALL HAZELNUT LATTE

R45 | TALL HOT CHOCOLATE

R30 | ESPRESSO DOUBLE SHOT

R42 | GRANDE CAPPUCINO

**MILK ALTERNATIVE OPTIONS - R10
FLAVOURED SYRUPS - R10**

Hazelnut | Vanilla | Caramel | Butterscotch

AMERICANO

CAPPUCINO

FLAT WHITE

LATTE

HOT CHOCOLATE

WHITE HOT CHOCOLATE

RED CAPPUCINO

SPICED CHAI LATTE

DIRTY CHAI LATTE

CAFE MOCHA

FLAVOURED LATTE

Butterscotch | Vanilla | Hazelnut | Caramel

ESPRESSO SINGLE 26 | DOUBLE 30

CORTADO | 35

MACCHIATO | 32

ASSORTED TEAS | 28



Short Tall Grande

30 35 38

35 38 42

38

38 44

45 48

45 48

40 45

42 48

45 52

45 52

45 51

DRINKS
HOT

R 62 | **REGULAR MIXED BERRY BLAST SMOOTHIE**

VEGAN OPTION AVAILABLE

R 55 | **FRUIT GREAT SHAKE**

R 44 | **REGULAR ICED COFFEE SLUSH**



NEW!

R 45 | **REGULAR KIWI BOBA FIZZ**

VEGAN OPTION AVAILABLE

R 45 | **PINEAPPLE, APPLE & MINT FRESHLY SQUEEZED JUICE**



SMOOTHIES

VEGAN OPTION AVAILABLE

Mixed Berry Blast | Peanut Butter Punch
Mango Coconut Dream

62 (R) | 77 (L)
62 (R) | 79 (L)

MILKSHAKES

Chocolate | Strawberry | Vanilla | Lime
Banana | Salted Caramel | Bubblegum

44

GREAT SHAKES

Bar-One | Fruit | Milky Bar | Peppermint Crisp
Peanut Butter | **Caramel NEW!**

55

FRESHLY SQUEEZED JUICES

Apple, cucumber & mint
Pineapple, apple & mint
Pear & ginger
Beetroot, apple, carrot, ginger & lemon

48
45
45
45

BOBA FIZZ NEW!

Cloudy Lemonade | Kiwi | Watermelon
Red Grapefruit | Strawberry

45 (R) | 55 (L)

SOFT DRINKS

28

GRAPETIZER | APPLTIZER

32

WATER (Still or Sparkling)

16

FRUIT JUICES

18

ICED TEA

30

ICED LATTE

39

FLAVOURED ICED LATTE

Butterscotch | Vanilla | Hazelnut | Caramel

45

ICED COFFEE SLUSH

44 (R) | 54 (L)

ORDER YOUR DRINKS

SAVOURY MINI BAGELS

R15 EACH

Pastrami & Cheese
Pastrami, Cheese & Tomato
Biltong, Red Onion & Cream Cheese
Chicken & Avo
Cream Cheese
Avo & Cream Cheese
Avo & Mushroom
Macon & Cheese
Mexican
Pastrami
Brie & Apricot
Macon & Apple
Salmon & Avo
Chicken Schnitzel
Steak, Creamy Mushroom & Caramelized Onions

SWEET BAGELS

Choc Chip R7
Bar-One R10
Frosted Cream Cheese R15

DOWNLOAD OUR MINI BAGEL MENU HERE:



DID YOU KNOW!? WE SELL...

Mini Bagel Platters!

Hosting an event or party?

Contact your local Jacks Bagels store to place your order, or for more info.

PLEASE NOTE:

We ask that all orders be placed **at least 24 hours in advance.**



Try our ORIGINAL HOUSE BLEND



#whereinspirationbegins

Please note that all our food & drink items are freshly prepared in our restaurant kitchen. We prepare our products with excellence and great care, however, we cannot guarantee that any food or drink items are without allergens. We use different ingredients and shared equipment in our kitchen.

Our restaurant utilizes the following common, hidden & other allergens:
Diary | Seeds | Wheat | Soya | Nuts

Please let us know of any specific allergies or dietary restrictions.

All visuals are for descriptive purposes only. Size & appearance may vary.
All extras will be charged for. While stocks last.
T's & C's Apply.

Find out more about us on these platforms:



@jacksbagelsza
www.jacksbagels.co.za



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WHERE
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