



Where Inspiration Begins



Breakfast Meals

EGGS ON TOAST **V** **S**

Two creamy scrambled eggs on a slice of toasted ciabatta

39

BACON BREAKFAST BAGEL

Bacon or pastrami, cheddar cheese, caramelized onion & fried egg on a bagel (Swop meat for avo)

65

ROCKET BREAKFAST BAGEL

Fried egg, bacon, cream cheese & rocket with a slice of tomato on a bagel

65

BOERIE BREAKFAST STACK **N**

Boerewors patty, fried egg, hashbrown, cheddar cheese, caramelized onion & tomato relish on a bagel

82

HOLLANDAISE BAGEL

Hashbrown, fried egg, ham & hollandaise sauce on a bagel

70

SALMON HOLLANDAISE BAGEL

Fried egg, salmon, cream cheese & hollandaise sauce on a bagel

78

EXTRAS:

Tomato Slice	5	Salmon	25	Avo	18	Creamy Mushroom	18	Caramelized onions	8
Tomato Relish	15	Bacon	20	Egg	10	Cheddar cheese	15	Cheese Griller	25
Hashbrown	15	Ham	18	Side of fries	20	Beef Patty	35	Boerewors	25

SIMPLE BREAKFAST **S**

Open bagel with two slices of bacon, two fried eggs & fries

65

HASHBROWN BREAKFAST **S**

Open bagel with a hashbrown, two fried eggs & a cheese griller

68

THE BIG BREAKFAST **S**

Open bagel with two slices of bacon, two fried eggs, a cheese griller & a hashbrown

82

BREAKFAST WRAP

Fried egg, cheddar cheese, bacon, avo & sweet chilli sauce

62

AVO BREAKFAST **V** **S**

Open bagel with a hashbrown, two fried eggs & avo

67

THE BOERIE BREAKFAST **S** **N**

Open bagel with two slices of bacon, two fried eggs, boerewors, relish, a hashbrown & creamy mushrooms

95



Eggs on toast

Hollandaise bagel

The boerie breakfast

Breakfast wrap

Add fries for R20

Boerie breakfast stack

Add fries for R20

Bacon breakfast bagel

Simple Bagels

CREAM CHEESE BAGEL V	35	HAM & CHEESE BAGEL	40
AVO & CREAM CHEESE BAGEL V	44	HAM, CHEESE & TOMATO BAGEL	42
CREAM CHEESE & CUCUMBER BAGEL V	44	BACON & EGG BAGEL	45
AVO & CREAMY MUSHROOM BAGEL V	44	BACON & CHEESE BAGEL	45
CREAM CHEESE & CREAMY MUSHROOM V	49	ALL SIMPLE BAGEL	55
CHEESE & TOMATO BAGEL V	35	Ham, cheddar cheese, lettuce, pickles, tomato, mayo, cucumber & red onion	

Vegan Bagels

AVO ONLY BAGEL V	30	HUMMUS & ROAST VEG BAGEL V	50
AVO & HUMMUS BAGEL V	35	ALL VEGAN BAGEL V	52
AVO & TOMATO BAGEL V	32	Avo, tomato, cucumber, lettuce, pickles & red onion on a bagel	

EXTRAS:

Cucumber	5	Jalapeno	12	Side of Fries	20
Tomato	5	Caramelized Onion	8	Avo	18
Red Onion	5	Pickles	12	Roast Veg	22
Hashbrown	15	Tomato relish	15		



Avo & cream cheese bagel



All simple bagel



Ham, cheese & tomato bagel



Hummus & roast veg bagel



All vegan bagel

Avo & tomato bagel



Gourmet Bagels

CHICKEN BAGELS

- Chicken honey mustard mayo & avo bagel **65**
- Chicken honey mustard mayo, bacon & cheese bagel **70**
- Chicken schnitzel, coleslaw & pickles bagel **75**
- Chicken schnitzel cheddarmelt & mushroom bagel **75**
- Chicken schnitzel, peri peri, red onion, lettuce & tomato bagel **75**

BACON BAGELS

- Melted brie, bacon & apricot jam bagel **60**
- Bacon, apple, caramelized onion, & melted emmenthal cheese bagel **65**
- Bacon, cheddar cheese & avo bagel **60**
- Bacon, cream cheese & avo bagel **60**

EXTRAS:

Cucumber	5	Cheddar Cheese	15	Steak	35	Avo	18
Tomato	5	Jalapeno	12	Pastrami	20	Creamy Mushroom	18
Red Onion	5	Caramelized Onion	8	Biltong	28	Bacon	20
Hashbrown	15	Pickles	12	Chicken Schnitzel	35	Ham	18
Chicken Mayo	22	Roast Veg	22	Side of Fries	20	Salmon	25

STEAK BAGELS

- Steak, creamy mushroom & caramelized onion bagel **80**
- Steak, cheddar cheese, pickles & caramelized onion bagel **77**
- Peri peri steak, red onion, lettuce & tomato bagel **75**

PASTRAMI BAGEL

- Pastrami, emmenthal, caramelized onion, red onion & pickles bagel
Single filling **70** | Double filling **90**

MEXICAN BAGEL

- Pastrami, jalapeno, cream cheese & tomato bagel **70**

SALMON BAGELS

- Salmon, cream cheese, capers, cucumber, dill & red onion bagel
Single filling **80** | Double filling **95**
- Salmon, avo & cream cheese bagel
Single filling **80** | Double filling **95**

Chicken honey mustard mayo, bacon & cheese bagel

Bacon, cream cheese & avo bagel

Salmon, cream cheese, capers, cucumber, dill & red onion bagel

Mexican bagel

Chicken schnitzel coleslaw & pickles bagel

Peri Peri Steak, red onion, lettuce & tomato bagel

Proudly South African

BILTONG BAGELS

- Biltong, cream cheese & red onion bagel **68**
- Biltong, avo, cream cheese & red onion bagel **75**

BOERIE BURGER BAGEL N **75**

Boerewors patty, lettuce, caramelized onion, tomato relish, pickles & red onion bagel

EXTRAS:

Cheddar Cheese	15	Avo	18	Tomato	5	Biltong	28
Jalapeno	12	Creamy Mushroom	18	Red Onion	5	Chicken Schnitzel	35
Caramelized Onion	8	Bacon	20	Hashbrown	15	Boerewors Patty	35
Pickles	12	Ham	18	Chicken Mayo	22	Tomato Relish	15
Cucumber	5	Steak	35	Pastrami	20	Side of fries	20

Salads & Wraps

STICKY CHICKEN SALAD **75**

Sticky chicken, pineapple, cashew nuts, lettuce, cherry tomatoes & cucumber

STEAK SALAD **85**

Steak, lettuce, cherry tomatoes, cucumber & avo with balsamic reduction

SALMON SALAD **105**

Salmon, cream cheese, capers, cucumber, dill, lettuce, cherry tomatoes & red onion

CHICKEN MAYO WRAP **62**

Chicken honey mustard mayo, cheddar cheese, lettuce, tomato & red onion

SPICY CHICKEN WRAP **62**

Chicken strips, jalapenos, cream cheese, red onion & sweet chilli sauce

VEGETARIAN WRAP V **62**

Creamy mushrooms, hummus, tomato & rocket

Biltong, cream cheese & red onion bagel

Boerie burger bagel

Sticky chicken salad

Salmon salad

Spicy chicken wrap

Cold Drinks

SMOOTHIES V

Mixed Berry Blast | Sweet Berry | 55
 Peanut Butter Punch
 Mango Coconut Dream 58

MILKSHAKES 40
 Chocolate | Strawberry | Vanilla | Lime |
 Banana | Salted Caramel | Bubblegum

GREAT SHAKES 52
 Bar-One | Fruit Shake | Milky Bar
 Peppermint Crisp | Peanut Butter

FRESHLY SQUEEZED JUICES
 Apple, cucumber & mint 40
 Pineapple, apple & mint 45
 Pear & ginger 40
 Beetroot, apple, carrot, ginger & lemon 40

SOFT DRINKS 25

GRAPETIZER & APPLTIZER 30

WATER (Still OR Sparkling) 16

FRUIT JUICES 18

ICED TEA 28

ICED LATTE 35

ICED COFFEE SLUSH 38



Mango coconut dream smoothie

Bar-one great shake

AMERICANO
 Short 26 | Tall 30 | Grande 34

CAPPUCCINO
 Short 32 | Tall 34 | Grande 38

FLAT WHITE
 Tall 34

LATTE
 Tall 34 | Grande 38

HOT CHOCOLATE
 Tall 42 | Grande 45

WHITE HOT CHOCOLATE
 Tall 42 | Grande 45

RED CAPPUCCINO
 Tall 34 | Grande 40

SPICED CHAI LATTE
 Tall 40 | Grande 45



Cappuccino

DIRTY CHAI LATTE
 Tall 45 | Grande 48

CAFE MOCHA
 Tall 45 | Grande 48

ESPRESSO
 Single 24 | Double 28

CORTADO
 32

MACCHIATO
 30

ASSORTED TEAS
 Tall 28



Spiced chai latte

HAZELNUT LATTE
 Tall 39

VANILLA LATTE
 Tall 39

BUTTERSCOTCH LATTE
 Tall 39

Alternative Milk Options R10

Flavoured Syrups R7

Hazelnut | Vanilla | Caramel | Butterscotch



Hazelnut Latte

Sweet Treats

FROSTED CREAM CHEESE BAGEL	40	CHOCOLATE BROWNIE	45
		Topped with ice cream	
BAR-ONE BAGEL	30	PANCAKES	
CHOC-CHIP BAGEL	17	Cinnamon, sugar & ice cream	35
CARROT CAKE	42	Bar-one sauce, sprinkles & ice cream	45
BAKED CHEESECAKE		Milky bar sauce, sprinkles & ice cream	45
Plain Cheesecake	43		
Peppermint crisp Bar-One Milky bar	50		



Try our
Original House Blend!



FIND OUT MORE ABOUT US:
www.jacksbagels.co.za
[@jacksbagelsza](https://www.instagram.com/jacksbagelsza)



Choc-chip bagel

Milky bar baked cheesecake

Pancakes with bar-one sauce

Chocolate brownie with ice cream

Our products may contain or have come into contact with ingredients containing eggs, wheat (gluten), cow's milk, peanuts, tree nuts, soy, fish and other allergens.

Our bagels are manufactured in a factory that may contain nuts.

Please let your waitron know of any specific allergies or dietary restrictions.

Did you know...

We sell

Mini Bagel platters!



Hosting an event or party?

Contact your local Jacks Bagels store for more info or to place your order.

T's & C's Apply*



WHERE
Inspiration
BEGINS

EC | WC